Please amend the above-identified application as follows:

In the Claims:

Please amend claim 1 as follows:

 A process for preparing a comestible product containing long chain alcohols comprising: providing a long chain alcohol;

providing an edible oil containing less than about 12 weight percent linolenic acid that is substantially free of medium chain triglycerides composed of C₈ to C₁₀ fatty acids;

admixing said high molecular alcohols in said edible oil to form a high molecular weight alcohol/edible oil admixture that contains less than two weight percent high molecular weight alcohol, free of an emulsifier, and has a viscosity of less than 200 centipose measured at 70°F; and combining said admixture with other components of a comestible product.

Please amend claim 2 as follows:

2. The process of claim 1 wherein the long chain alcohol is policosanol.

Please amend claim 3 as follows:

3. The process of claim 1 wherein the long chain alcohol is octacosanol.

Please amend claim 12 as follows:

12. Method for preparing a long chain alcohol in an edible oil material comprising:

providing an edible oil substantially free of medium chain triglycerides composed of C₈-C₁₀ triglycerides and containing less than about 10 weight percent linolenic acid;

providing a long chain alcohol;

admixing said edible oil and long chain alcohol in the presence of an energy source such that the long chain alcohol is admixed in the oil; said long chain alcohol/edible oil admixture is stable and free of an emulsifier or surfactant; and having a viscosity of less than about 200 centipose as measured at 70 °F.